

Dysphagia Diagnosis and Management: Firming our Foundations for Forward Movement

27./28.08.2010
Universitätsspital Basel

Referentin: Maggie-Lee Huckabee, PhD

Abstract:

The next several years promise to bring about enormous changes in how we understand swallowing neurophysiology and manage patients with neurogenic swallowing impairment. From greater precision in diagnostic specificity to far greater options in rehabilitative approaches, the skilled clinician will struggle to stay abreast and provide optimal care. It is an exciting time to work in this area. However, maintaining a solid foundation for this growth is critical. Rather than providing an general overview, this two day course will address, in detail and with opportunities for practical application, two key areas in dysphagia practice.

On **Day One**, the workshop will solidify the skills we should already know, with a focus on **increasing sensitivity and specificity in the clinical assessment**. We all learned neuroscience in school...this is not new information. But what most clinicians need to refine is the direct application of basic clinical neuroscience to swallowing assessment. This capability is what differentiates a technician, who merely observes and reports on observable behaviour, from a diagnostician, who infers unobservable behaviour from key clinical indices. Be prepared for active learning and application of neurophysiologic models of clinical assessment in this WORKshop with the use of small groups to analyse clinical presentation and problems.

On **Day Two** we will venture into the **dynamic realm of rehabilitation**. Abraham Maslow (1966) is attributed with the quote: "If all you have is a hammer, everything looks like a nail". This concepts rings very true in swallowing management. Historically in our work in dysphagia, we have addressed rehabilitation using largely a strength training approach. This has been dictated largely by our diagnostic practices. However with emerging, new diagnostic tools and the insights that come with viewing swallowing through a different 'lens', we are now identifying exciting new approaches to address swallowing pathophysiology. We will follow the expansion in rehabilitation management from **strength training to skill**

training by comparing the ‘old’ and ‘new’ of rehabilitation approaches. We will review and discuss the literature on current swallowing rehabilitation practices: our strength training approaches. We will then discuss in detail a working definition for skill training, how this model fits with our existing rehabilitation approaches, and new techniques for facilitating ‘skill’ in swallowing. Skill training, as we might be beginning to define it, is very hard to do without some form of feedback loop to evaluate and adapt skill. Thus new applications for biofeedback modalities will be reviewed.

Presenter Biography:

Maggie-Lee Huckabee, PhD practiced as a clinician for 13 years before the frustration of never knowing ‘the answers’ led her to an academic career. She is now senior lecturer in the Department of Communication Disorders, University of Canterbury and senior researcher at the Van der Veer Institute for Parkinson’s and Brain Research in Christchurch, New Zealand. She still hasn’t found ‘The Answers’ but is trying, with research interests focusing on the complexities of behaviourally-driven neural adaptation and biomechanical change leading to swallowing recovery. Dr. Huckabee has a great time supervising terrific, emerging researchers, overseeing a busy laboratory and enjoying the beauty of New Zealand with dogs at her feet and a good pinot noir in her hand.

Informationen und Anmeldung

Datum der Veranstaltung	Freitag 27.08.2010 (Beginn 9.00 Uhr) Samstag 28.08.2010 (Ende 16.30 Uhr)
Veranstalter	Institut für Logopädie, Universitätsspital, Spitalstr. 21, CH - 4031 Basel, Kursorganisation: Ulrike Witte, MSLT
Information	Ulrike Witte, E-Mail: uwitte.@uhbs.ch ; Telefon: +41-61-265 7409
Anmeldung	Universitätsspital Basel, Therapie-Dienste, Zentrales Anmeldesekretariat, Kennwort „Dysphagie“, Spitalstrasse 21, CH – 4031 Basel
Teilnahmegebühr	395.00 CHF (ca. 277.- Euro)
ANMELDESCHLUSS:	30.06.2010

Teilnahmebedingungen

Die schriftliche Anmeldung ist verbindlich. Eine Abmeldung ist nur möglich, wenn eine Ersatz-TeilnehmerIn gestellt werden kann. Sollte die Veranstaltung aufgrund unvorhersehbarer Ereignisse ausfallen (Erkrankung des Referenten o.ä.), werden Sie umgehend informiert. Sollte die Mindestteilnehmerzahl nicht erreicht werden, erfolgt eine Absage der Veranstaltung so früh wie möglich, spätestens jedoch 4 Wochen vor dem Termin. Der Veranstalter haftet nur für die Höhe der Teilnahmegebühr. Weitergehende Forderungen wie Auslagen und Kostenersatz können nicht geltend gemacht werden. Im Übrigen sind Regressansprüche ausgeschlossen.

Information zu Übernachtungsmöglichkeiten

www.hostel-uhbs.ch oder www.baseltourismus.ch

Einsenden bis 30.06.2010

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